



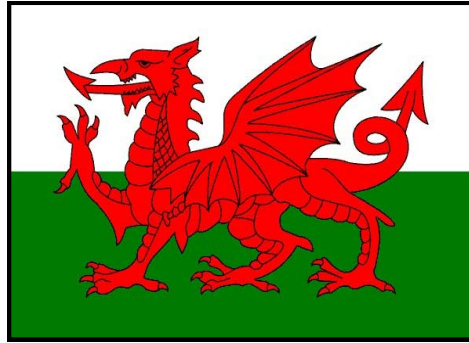
AFMS NEWS

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AFMS Conference 2018 - Cardiff



The 35th AFMS conference will take place in Cardiff from the 26th to the 29th of September 2018. This is the first time the AFMS will have visited Wales and we have chosen a fantastic hotel in the heart of the City for our conference. The hotel is the Jurys Inn Parc Hotel and is situated just off Queen Street and within walking distance of Cardiff Castle and St David's Shopping Centre.

Everything is within a stone's throw of the city centre. We will visit Cardiff Castle with its 2000 years of history crowned by the magnificent 19th century staterooms of the Marquess of Bath. Close by is the National Museum with its wonderful gallery of Wales and we will visit one of the most extensive Impressionist collections outside of Paris. Also we will visit City Hall, an impressive 19th century building, where we will have our gala dinner on the Friday night accompanied by a Welsh male voice choir.

Cardiff city centre has now been transformed. A short boat ride will take us from the city centre to Cardiff Bay with its sporting and cultural interests. Cardiff Bay is a thriving waterside development and home to the Welsh National Opera and the BBC National Orchestra of Wales.

When it comes to sport, Cardiff is a champion. The world-famous Principality Stadium is the home of Welsh rugby and football and is also the regular venue for the British Speedway Grand Prix. It is also possible to visit graceful Victorian shopping arcades with independent shops and cafes.

Cardiff is a hugely creative city and has a vibrant cultural scene. By train Cardiff is just over 2 hours from London. There are trains leaving half hourly from Paddington Station. There is easy access to Cardiff from all around the UK. Cardiff airport is just 10 minutes rail travel time to the centre of Cardiff.

AFMS Website

Please visit us at

[www.](http://www.anglofrenchmedical.com)

[anglofrenchmedical.com](http://www.anglofrenchmedical.com)

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Lille Medical weekend

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Who's who in the AFMS.

Meetings and Events

• September 2018

Scientific Conference
Cardiff, UK
26th to the 29th
September 2018.

• January 2019

AFMS Winter meeting
In Chamonix.
January 31st to
February 3rd 2019.

• April 2019

AFMS Medical French
Weekend.
Dates TBC,

Future Newsletters

Please note that to save on our postage costs, the AFMS will be sending newsletters to members by email. Please send your email address to Tony Ridge if you have not done so already.

AFMS NEWS

Social Programme for The Anglo-French Medical Society, Cardiff Meeting;

September 26th to the 29th 2018.

Venue: Jurys Inn Hotel, 1 Park Place Cardiff CF103UD

Wednesday 26th September

For delegates arriving early we suggest a look around Cardiff. (Check in from 3pm)

16.00 Registration begins.

18.30 Reception in the hotel.

18.30 Talk on Cardiff, followed by a buffet and entertainment.

Thursday 27th September

09:15 The National Gallery of Wales.

12.30 Lunch at the hotel.

13.30 Visit to St Fagans and its living natural museum. St Fagans is one of Europe's best open-air museums and Wales's most popular heritage attraction. It stands in the grounds of the wonderful St Fagans Castle, which is a late 16th-century manor house. The museum opened in 1948 and is home to more than forty original buildings from all over Wales.

Informal evening at leisure in Cardiff.

Friday 28th September

09.00 Visit to Cardiff Bay by boat

12.30 Lunch at the hotel.

14.00 All the conference delegates join us in the afternoon for a walking tour of Cardiff Castle. Cardiff Castle is one of Wales' leading heritage attractions and a site of international significance. Located within beautiful parklands at the heart of the capital, Cardiff Castle's walls and fairytale towers conceal 2,000 years of history.

18.30 Gala dinner at Cardiff City Hall.

The Hall is a 15 minute walk from the hotel. Taxis can be arranged

Saturday 29th September

Morning free for shopping, sight seeing etc,

12.30 Lunch.

13.30 For those remaining:

Coach departs for visit to Tredegar House. Set in a beautiful 90 acre park, Tredegar House is one of the best examples of a 17th century Charles II mansion in Britain.

Accommodation on Saturday for those who have pre-booked.

AFMS Medical French Weekend, April 2018, Lille



Amid the miserable weather and threatened train strikes, 30 students and 25 doctors successfully arrived in the beautiful Lille for the 26th Annual Medical French Weekend. Initially, there was a general feeling of anxiety; dusting off the linguistic cobwebs and thumbing through the big red handbook but the group quickly shrugged away inhibitions and relaxed into comfortable conversation. After introductions at the hotel we descended en masse through the cobbled streets of Lille to our first restaurant, where we met our groups and carefully continued to parler en français. Very soon, the lofty space was reverberating with French and Frenghish.

Saturday we tackled specialties. Each teacher had a different style, which made each class unique and interesting. Often case-based, we were able to learn how to formulate questions and perform consultations. We also played games and used role play to help cover le vocabulaire. Later, the gala dinner saw wining and dining, and further valuable networking opportunities.

Day two and confidence was building, vocabulary was starting to stick, we finished the day with workshops covering a variety of relevant topics. After a guided tour of Lille (for some en français) the remaining delegates were exhausted. Two days of French had taken its toll.

The course is demanding, requires constant engagement and focus, but is incredibly rewarding. The aim was to dip our toes into several aspects of medicine in the hope that it would inspire future self-study, which I believe it certainly did. Many of the doctors were able to learn about how to organise a career in France, while the students could become inspired to continue learning and maybe start societies at their own universities. The immersive, cultural and efficient nature of the course lends itself nicely to anyone interested in languages. As a medical student, it was brilliant to meet such an eclectic bunch of other students and doctors, with a diversity of career paths. They offered inspiration, both in terms of future career options and innovative methods of learning languages. It was a privilege to be amongst such a mix of people from all over the UK and abroad. Amongst busy schedules it can be difficult to devote the time to study and practice French, so what better way than to dedicate a whole weekend, hop on the Eurostar and parler en français... en France?

Alyss Robinson, 4th Year Medical Student, University of Leeds



Back Page Notes

Chamonix Winter Conference February 1st to February 4th 2018



Once again, several members of the AFMS convened at the Hotel Aiguille du Midi in Chamonix for our annual winter meeting. We were joined by a number of French colleagues, all of whom joined in the activities with great enthusiasm. We were blessed with good weather, arriving just after a significant snowfall, which offered first class off-piste powder opportunities for those cavalier enough to try a bit of adventurous skiing. Others enjoyed more sedate activities on the easier slopes, and some opted for even more strenuous exercise in the the form of guided snow-shoe tours.

We were privileged to enjoy two splendid educational lectures. First Professor Andrew Farrall from Edinburgh spoke on the uses and abuses of imaging of the lumbar spine, and secondly Dr Ingrid Kane from Brighton gave a fascinating insight into the medial set-up, support and logistics for the recent "Lands End to John O'Groats (LeJog)" long distance charity cycle ride. The audience was in awe of Ingrid's achievement in successfully completing the event, which appears to have been characterised by near-monsoon weather conditions for the entire week. Finally Dr Colin Mumford led a round table discussion on the potential implications of the recent Hadiza Bawa-Garba case, in which the General Medical Council went to the High Court in London to appeal against a decision made by their own in-house disciplinary panel, resulting in the sanction of a one year suspension from medical practice being replaced by erasure from the medical register. Many members of the Association expressed anxiety regarding this sequence of events.

As always, the team at the hotel treated us royally. The warmth of reception, the quality of meals, and the on-site facilities remain second to none. We are all very grateful to Carla, Vincent and the team. Let's hope for an even bigger attendance next year.

Dr Colin Mumford

Committee

Committee

Dr Andrew Hassan
(President)
Dr Martin Punter
(Treasurer)
Dr John Altrip
(Hon Secretary)
Dr Helen Sykes
(Membership Secretary)
Dr Zara Bieler
(Webmaster)
Dr Mark Cottrill
(co-opted member)
Dr Colin Mumford
Dr Rex Melville
Dr Carol Barton
Dr Paul Ward
Dr David Bell
Dr Nick Mc Carthy
Dr James Mc Donald
Dr Clara Farque

Did you know?

Burgers now outsell Baguettes in France.

Recently the French had to swallow the news that cheeseburgers are now more popular than their own iconic jambon-beurre sandwich. In 2017, 1.46 billion burgers were sold within the country, compared to 1.22 billion jambon-beurre sandwiches. McDonald's is the undisputed king: France is its second most profitable market behind the United States.